

1 **Title: Acetylcholine inhibits platelet activation.**

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43 **Abbreviations**

44 NO nitric oxide

45 CHRNA7 cholinergic receptor neuronal nicotinic alpha polypeptide 7

46 GPIIbIIIa glycoprotein IIb IIIa

47 AChR acetylcholine receptors

48 AChE acetylcholinesterase

49 TRAP thrombin receptor activating peptide 6

50 PAR1 protease activated receptor 1

51 P2Y12 purinergic receptor P2Y

52 GPVI glycoprotein VI

53 NOS3 nitric oxide synthase isoform 3

54 L-NAME L-nitroarginine methyl ester

55 **Abstract**

56 Platelets are key mediators of thrombosis. Many agonists of platelet activation are known, but
57 there are fewer identified endogenous inhibitors of platelets, such as prostacyclin and nitric oxide
58 (NO). Acetylcholinesterase inhibitors such as donepezil can cause bleeding in patients, but the
59 underlying mechanisms are not well understood. We hypothesized that acetylcholine is an
60 endogenous inhibitor of platelets. We measured the effect of acetylcholine or analogues of
61 acetylcholine upon human platelet activation ex vivo. Acetylcholine and analogues of
62 acetylcholine inhibited platelet activation, as measured by P-selectin translocation and GPIIb/IIIa
63 conformational changes. Conversely, we found that antagonists of the acetylcholine receptor
64 such as pancuronium enhance platelet activation. Furthermore, drugs inhibiting
65 acetylcholinesterase such as donepezil also inhibit platelet activation, suggesting that platelets
66 release acetylcholine. We found that NO mediates acetylcholine inhibition of platelets. Our
67 data suggest that acetylcholine is an endogenous inhibitor of platelet activation. The cholinergic
68 system may be a novel target for anti-thrombotic therapies.

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72 **Introduction**

73 Platelet activation is crucial for hemostasis and thrombosis (Ho-Tin-Noe et al., 2011;
74 Joshi and Whiteheart, 2017; Stalker et al., 2014) . A variety of agonists activate platelets in vivo,
75 including thrombin, collagen, and ADP (Boeynaems et al., 2005; Coughlin, 2005; Ghoshal and
76 Bhattacharyya, 2014; Hechler et al., 1998; Hisada et al., 2015). An equally important aspect of
77 platelet biology is inhibition of activation, limiting excess thrombosis which can otherwise lead to
78 stroke or pulmonary embolism. Endogenous platelet inhibitors include factors released from
79 endothelial cells such as nitric oxide and prostacyclin (Freedman et al., 1999; Jin et al., 2005;
80 Moncada et al., 1977; Radomski et al., 1987b).

81 Studies of adverse bleeding reactions to commonly used drugs can reveal novel
82 inhibitors of platelet function (Holly and Parise, 2011). For example, a few case reports have
83 suggested that acetylcholinesterase inhibitors are associated with bleeding (Cholongitas et al.,
84 2006; Gareri et al., 2005). Several clinical trials have examined the safety of donepezil, and one
85 of these trials showed that donepezil increases the risk of bruising (Rogers et al., 1998; Tariot et
86 al., 2001). A meta-analysis of clinical trials of acetylcholinesterase inhibitors shows that these
87 drugs increase the risk of bruising by 1.5 fold compared to placebo, although this increased risk
88 is not significant (Birks, 2006). These isolated clinical studies suggest that acetylcholine may be
89 an endogenous inhibitor of platelet activation. For these reasons, we chose to examine the effect
90 of acetylcholine signaling on platelet activation.

91 Prior work from other laboratories suggests that acetylcholine receptors (AChR) are
92 involved in platelet function. Human platelets express subunits of the acetylcholine receptor
93 (Schedel et al., 2011). Artificial agonists of AChR stimulate calcium flux across human platelet
94 membranes (Schedel et al., 2011). Certain agonists of AChR increase human platelet activation
95 as measured by GPIIb/IIIa conformational changes and by aggregation (Schedel et al., 2011).
96 Finally, platelets from mice lacking AChR subunit *Chrna7* have increased activation when

97 stimulated by ADP (Kooijman et al., 2015). These important experimental studies suggest that
98 acetylcholine signaling plays a role in inhibiting platelets both in vitro and in vivo.

99 Gaps remain in our collective knowledge pertaining to the effect of acetylcholine upon
100 platelets. The effect of acetylcholine on platelets stimulated with endogenous agonists other
101 than ADP is not yet completely known. The effect of acetylcholine on platelet degranulation is
102 not fully understood. The effect of endogenous acetylcholine signaling on hemostasis and
103 thrombosis is not well defined. The expression of genes involved in acetylcholine signaling in
104 human platelets is not fully described. And the mechanisms through which clinical drugs
105 targeting acetylcholine affect bleeding in humans has not yet been explored. Determining the
106 role that acetylcholine signaling plays in inhibition of platelet function may help clinicians avoid
107 the toxicity of drugs that target the parasympathetic nervous system, and may help us uncover
108 new pathways which inhibit platelet function.

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114 **Materials and Methods**

115

116 *Human Platelet Collection*

117 Human blood collection was performed as previously described using protocols approved
118 by the Institutional Review Board at the University of Rochester Medical Center (IRB Protocol
119 RSRB00028659) (Cameron et al., 2015). Normal healthy blood donors were recruited. Subjects
120 were excluded if they had used aspirin or any nonsteroidal anti-inflammatory agent within 10
121 days before the blood draw. Blood was collected by venipuncture into sodium citrate
122 anticoagulant tubes. Whole blood was centrifuged at $180 \times g$ for 15 min to isolate the top layer of
123 platelet-rich plasma (PRP). PRP was diluted 1:20 in room temperature Tyrode's Buffer (134 mM
124 NaCl, 2.9 mM KCl, 12 mM NaHCO₃, 0.34 mM Na₂HPO₄, 20 mM HEPES, pH 7.0, 5 mM
125 glucose, 0.35% bovine serum albumin) and dispensed in 100 μ L volumes for treatment with
126 various drugs.

127

128 *Platelet Drug Treatment*

129 Human platelets were suspended in Tyrode's buffer and placed into microcentrifuge
130 tubes. Drugs were added and the platelets were incubated for 15 min at room temperature. To
131 some samples, L-nitroarginine methyl ester (L-NAME) was added first and incubated for 15 min,
132 then carbachol (Sigma Aldrich) or acetylcholine (Sigma Aldrich) for 15 min, and then TRAP
133 (Tocris Bioscience) or thrombin (Cayman Chemical) for 15 min. Platelets were first treated for 15
134 minutes with 1,2-bis(o-aminophenoxy)ethane-N,N,N',N'-tetraacetic acid (BAPTA) and
135 trifluoperazine (TFP) (Sigma Aldrich) for some experiments. For experiments involving
136 cholinesterase inhibition, platelets were pre-treated with donepezil for 15 minutes prior to
137 stimulation. For experiments with nAChR α 7-selective agonist PNU-282987, platelets were
138 pretreated for 15 minutes with PNU prior to stimulation. For calcium flux experiments with Fura-2
139 AM, platelet rich plasma was loaded with Fura-2 AM at 5 μ M for 1 hour at 37 degrees Celsius,

140 and then further prepared as above to yield platelets loaded with Fura-2. HEK293 cells were
141 also loaded as a positive control. Cells were analyzed on a Flexstation 3 (Molecular Devices) for
142 the 340/380 Fura-2 AM ratio.

143

144 *Detection of platelet activation by flow cytometry*

145 Phycoerytherin-labeled antibody to CD62P (P-selectin) (Bectin Dickinson) at a dilution of
146 1:100 was added to platelets following stimulation or drug treatment for 30 min. Platelets were
147 then fixed in 1% formalin. Surface P-selectin was measured by flow cytometry (LSRII, Becton
148 Dickinson). To detect conformational changes in GPIIb/IIIa, FITC-fibrinogen (Abcam) was added
149 for 30 minutes, and platelets were analyzed by flow cytometry. We have previously used these
150 techniques to measure platelet activation (Zhu et al., 2014)

151

152 *Quantification of cGMP levels by ELISA*

153 Platelets were treated and stimulated as described above. The reactions were stopped
154 and cells lysed by the addition of HCl to a final concentration of 0.1 M. Samples were cleared by
155 centrifugation (14,000 rpm) for 20 minutes. Samples were then analyzed for cGMP content using
156 a commercially available ELISA (Cayman Chemical).

157

158 *Statistical analyses.*

159 Data were analyzed by two-tailed Student's t-test for comparison of two groups, and by
160 Bonferroni corrected two-way ANOVA to compare means of three or more groups. Statistical
161 significance was defined as $P < 0.05$.

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163 *Study approval.*

164 Human blood collection was performed using protocols approved by the Institutional
165 Review Board at the University of Rochester Medical Center.

166 **Results**

167 *Acetylcholine receptors regulate platelet activation*

168 Since patients taking acetylcholine inhibitors have an increased risk of bleeding, we
169 hypothesized that increased acetylcholine signaling directly inhibits platelet activation. To test
170 this hypothesis, we first analyzed the effect of carbachol, an analog of acetylcholine, on platelet
171 activation. We treated human platelets with increasing concentrations of carbachol, and then
172 stimulated the platelets with the thrombin receptor agonist thrombin receptor activating peptide 6
173 (TRAP). Carbachol inhibits human platelets activation in a dose dependent manner (Figure 1A).
174 We next explored the effect of acetylcholine on platelet activation. Acetylcholine inhibits TRAP
175 activation of human platelets in a dose responsive manner by over 25% of maximal stimulation
176 (Figure 1B), and acetylcholine inhibits platelet activation over a range of TRAP doses (Figure
177 1C).

178 We tested the effect of acetylcholine signaling upon platelets stimulated with different
179 agonists, including: TRAP, which activates the thrombin receptor PAR1; ADP, which activates
180 the ADP receptor P2Y₁₂; U44619 which activates the thromboxane receptor TP; and convulxin,
181 which activates the collagen receptor GPVI. Carbachol inhibits platelet activation by other
182 agonists (Figure 1D-F).

183 The above data show that acetylcholine inhibits alpha-granule release. Next we tested
184 the effect of acetylcholine signaling on other aspects of platelet activation, namely dense granule
185 secretion and GPIIb/IIIa conformational changes. We found that the acetylcholine analogue
186 carbachol decreases dense granule exocytosis measured by release of ATP (Figure 1G) and
187 inhibits GPIIb/IIIa activation measured by FITC-fibrinogen binding (Figure 1H). Furthermore,
188 endogenous acetylcholine has the same effect (as shown when the acetylcholine esterase
189 inhibitor pyridostigmine is added) (Figure 1G).

190 We also tested the effect of the nicotinic receptor agonist PNU-282987 upon platelet
191 activation. We found that PNU inhibits thrombin induced platelet exposure of P-selectin (Fig. 1I)
192 and GPIIbIIIa activation (Fig. 1J).

193 Taken together, these data suggest that stimulation of the acetylcholine receptor inhibits
194 platelet activation as measured by 3 separate functions: alpha-granule release, dense granule
195 release, and GPIIbIIIa activation.

196

197 *Endogenous acetylcholine inhibits platelet activation*

198 While acetylcholine signaling inhibits platelet activation, the potential source of
199 acetylcholine in vivo remains unclear. We hypothesized that platelets release acetylcholine
200 which inhibits platelet activation in an autocrine or paracrine manner. We treated platelets with
201 the acetylcholinesterase inhibitor pyridostigmine bromide prior to activation. We observed that
202 inhibition of acetylcholinesterase (AChE) decreases platelet activation (Figure 2A). This is
203 consistent with the idea that pyridostigmine bromide inhibits acetylcholinesterase, increasing the
204 amount of acetylcholine released by platelets which is available to signal through the
205 acetylcholine receptor. We then confirmed that pancuronium bromide, which antagonizes the
206 acetylcholine receptor, enhances platelet activation (Figure 2B). We tested the effect of these
207 compounds on platelet GPIIbIIIa activation using FITC-fibrinogen, and observed that agonism of
208 acetylcholine receptors inhibits, and antagonism of acetylcholine receptors enhances binding
209 (Figure 2C).

210 Patients who take donepezil may have an increased risk of bleeding (Cholongitas et al.,
211 2006; Rogers et al., 1998; Tariot et al., 2001). Since donepezil is an acetylcholinesterase
212 inhibitor, we hypothesized that donepezil inhibits platelet activation. To test this hypothesis, we
213 treated platelets with donepezil hydrochloride and then stimulated them with TRAP. Donepezil
214 inhibits platelet activation (Figure 2D). These data are consistent with the hypothesis that
215 endogenous acetylcholine released from platelets inhibits platelet activation.

216 Collectively, these data suggest platelets can release acetylcholine which limits
217 activation, and endogenous acetylcholinesterase blunts the extent of endogenous acetylcholine
218 signaling.

219

220 *Nitric oxide mediates acetylcholine inhibition of platelet activation*

221 We next explored the mechanism through which acetylcholine signaling inhibits platelet
222 activation. Acetylcholine receptors increase the synthesis of nitric oxide in endothelial cells
223 (Zuccolo et al., 2017). Platelets express NOS3 (Sase and Michel, 1995). We proposed that
224 nitric oxide mediates acetylcholine inhibition of platelets. In order to test our idea, we treated
225 human platelets with an inhibitor of nitric oxide synthase, L-nitroarginine methyl ester (L-NAME),
226 and then treated with carbachol and stimulated with TRAP. We observed that carbachol inhibits
227 platelets, but NOS inhibition blocks the effects of carbachol (Figure 3A). To confirm that
228 acetylcholine signaling triggers NO synthesis in platelets, we measured carbachol stimulation of
229 cGMP, a messenger downstream of NO. Carbachol increases cGMP levels in human platelets,
230 and the effect of carbachol is blocked by the NOS inhibitor L-NAME (Figure 3B). The inhibitory
231 effect of NO was further tested with a range of L-NAME doses. We found that L-NAME inhibits
232 the effects of acetylcholine on platelets in a dose-dependent manner (Figure 3C). Since calcium
233 signaling can regulate NOS activation, we explored a calcium signaling pathway in platelets.
234 First, carbachol increases intracellular calcium levels in platelets (Figure 3D). Second, the
235 calcium chelator BAPTA blocks the ability of carbachol to inhibit platelets (Figure 3E). Finally,
236 calmodulin is important for acetylcholine inhibition of platelet activation (Figure 3F). Taken
237 together, our data suggest that NO mediates acetylcholine inhibition of platelets via a calcium-
238 calmodulin dependent mechanism.

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241

242 **Discussion**

243 The major finding of our study is that acetylcholine inhibits platelet activation.
244 Acetylcholine signals through the acetylcholine receptor, increasing NO levels, and inhibiting
245 platelet activation. Acetylcholine inhibits activation of platelets from humans by over 15%.
246 Taken together, our results suggest that acetylcholine receptor activation is a potential
247 endogenous inhibitory pathway which prevents platelet activation.

248 Two types of acetylcholine receptors have been described: muscarinic acetylcholine
249 receptors which are G-protein coupled receptors, and nicotinic acetylcholine receptors are ligand
250 gated ion channels (Beker et al., 2003; Itier and Bertrand, 2001). Nicotinic acetylcholine
251 receptors are composed of 5 subunits in different combinations, including alpha, beta, delta,
252 epsilon, and gamma subunits (Mishina et al., 1986; Morales-Perez et al., 2016; Unwin, 2005).
253 The precise nature of the acetylcholine receptor in human platelets is not yet defined. Further
254 research is needed to identify the subtypes of acetylcholine receptor and their various functions
255 on platelets.

256 We show that NO mediates acetylcholine inhibition of platelets. Others have
257 demonstrated that platelets express NOS3 and synthesize NO (Radomski et al., 1990a; b; Sase
258 and Michel, 1995). Prior work has shown that NO inhibits platelet adhesion, activation, and
259 aggregation (Freedman et al., 1999; Gkaliagkousi et al., 2007; Radomski et al., 1987a; b; c).
260 For example, we showed that NO inhibits platelet exocytosis (Matsushita et al., 2003). Others
261 have shown that activators of NO can inhibit platelet function (Doni et al., 1991; Liu et al., 2015).
262 Our work extends these prior studies and shows that calcium-calmodulin signaling and NOS
263 activity mediate acetylcholine inhibition of platelet activation. Our work also suggests that
264 diseases or drugs which change nitric oxide production may affect platelet activation.

265 Acetylcholine inhibits activation of platelets by multiple agonists (Figure 1). Although both
266 PAR1 and P2Y12 are GPCR, they signal through different intracellular messenger pathways
267 (Boeynaems et al., 2005; Jin et al., 1998; Ramachandran et al., 2017; Sanchez Centellas et al.,

268 2017). Convulxin signals through GPIV (Marlas et al., 1983; Niedergang et al., 2000). While
269 these pathways ultimately converge to stimulate platelet activation as measured by
270 conformational changes in GPIIbIIIa, the prior signaling events are different, and might be
271 differentially susceptible to NO. There are clinical drugs which take advantage of pathway
272 specificity for platelet activation. For example, ticagrelor inhibits platelet activation by inhibiting
273 ADP signaling through the P2Y₁₂ receptor, but not other receptors (Goel, 2013; Patel et al.,
274 2013; von Kugelgen, 2017).

275 We found that acetylcholine inhibits platelet activation in vitro by about 15% (Figure 1B).
276 Carbachol, an analog of acetylcholine, has a much stronger effect upon platelet activation,
277 inhibiting P-selectin translocation by over 90% (Figure 1A and 5A). This is likely due to poor
278 hydrolysis of carbachol by acetylcholinesterase or butyrylcholinesterase. Thus exogenous
279 agonists like carbachol have a powerful effect upon platelet activation, but endogenous agonists
280 such as acetylcholine have a more modest inhibitory effect on platelet activation. This suggests
281 a role for endogenous acetylcholine as a novel mechanism to limit aberrant platelet activation.

282 Our work extends prior research on cholinergic signaling in platelets. Others have shown
283 that agonists of AChR increase human platelet activation ex vivo as measured by GPIIbIIIa
284 conformational changes and by aggregation induced by ADP (Schedel et al., 2011). We show
285 that acetylcholine itself inhibits platelet degranulation (Figure 1B), and PNU-282987 inhibits P-
286 selectin externalization and also inhibits GPIIbIIIa activation (Fig 3G-H). This confirms our
287 hypothesis that acetylcholine signaling inhibits PAR-1 induced platelet activation. The difference
288 between our work and Schedel et al can potentially be explained by the choice of agonist.
289 Supporting both our studies and hypothesis, others have shown that platelets from mice lacking
290 *Chrna7* have increased aggregation when stimulated by ADP ex vivo (Kooijman et al., 2015).

291 Our study has several limitations which suggest future studies. We have not yet defined
292 the composition of the acetylcholine receptor on platelets, and we have not identified the role of
293 all acetylcholine subunits in mediating platelet inhibition. Another limitation is that we have

294 indirect evidence that platelets store acetylcholine in their granules, since acetylcholinesterase
295 inhibitors boost platelet inhibition, but we have not directly measured acetylcholine inside platelet
296 granules.

297 Our studies have pharmacological relevance to humans. We show that donepezil
298 inhibits platelet activation *ex vivo* at a concentration between 5 – 50 μ M (Figure 2D). This
299 matches the concentration of donepezil of 47 μ M in serum of humans taking donepezil as a
300 treatment for Alzheimer’s Disease (Hefner et al., 2015). Reports in the literature suggest that
301 drugs targeting the acetylcholine signaling pathway have modest effects on hemostasis; for
302 example, donepezil increase bruising by about 2% more than placebo (Birks, 2006). Another
303 recent trial shows a benefit of acetylcholinesterase inhibitors for reducing the incidence of acute
304 coronary syndrome in patients with dementia by 17% (Wu et al., 2015). Dementia patients
305 frequently have co-morbidities such as diabetes with elevated risk of thrombosis, so giving these
306 patients more refined and targeted AChE inhibitors may be clinically useful. Our data support our
307 proposal that drugs that target acetylcholinesterase can promote bleeding in humans, and may
308 explain why donepezil is associated with hemostatic abnormalities in humans.

309 Our study also has therapeutic implications for the management of thrombosis. Our data
310 suggest that drugs targeting acetylcholine receptor subunits might inhibit thrombosis.
311 Furthermore, our data suggest that drugs increasing acetylcholine signaling will increase the risk
312 of bleeding and bruising in patients.

313

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315 a) Authorship contributions: J. A. Bennett, C. N. Morrell, S. J. Cameron, and C. J.
316 Lowenstein designed the experiments. J. A. Bennett and R. A. Schmidt performed the in vitro
317 analyses of platelets. J. A. Bennett and C. J. Lowenstein wrote the manuscript. C. N. Morrell, S.
318 J. Cameron, and C. J. Lowenstein revised the manuscript. C. J. Lowenstein supervised the
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323 c) Disclosures: The authors declare that no conflicts of interest exist.

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452 47.

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454 **Footnotes**

455 The data presented in this manuscript are available as part of a pre-print paper.

456 <https://www.biorxiv.org/content/early/2018/05/16/324319>

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464 **Figure Legends**

465 Figure 1. Acetylcholine receptors regulate platelet activation. (A) Carbachol inhibits
466 platelet activation. Human platelets were isolated and treated with PBS or carbachol, stimulated
467 with PBS or 10 μ M TRAP, and analyzed for surface expression of P-selectin using flow
468 cytometry. (N=4 \pm S.D. *P < 0.05 for TRAP vs. TRAP + carbachol.) (B) Acetylcholine inhibits
469 platelet activation. Human platelets were treated with PBS or ACh, stimulated with PBS or 10 μ M
470 TRAP and analyzed as above. (N=4 \pm S.D. *P < 0.05 for TRAP vs. TRAP + ACh.) (C)
471 Carbachol inhibits platelet activation over a range of TRAP doses. Platelets were stimulated with
472 varying concentrations of TRAP and analyzed for surface expression of P-selectin as above.
473 (N=4 \pm S.D. *P < 0.05 for the indicated concentration of TRAP vs. TRAP + carbachol. (D)
474 Carbachol inhibits platelet activation by ADP (E) Carbachol inhibits platelet activation by U46619
475 (F) Carbachol inhibits platelet activation by convulxin. For (D-G), Isolated human platelets were
476 treated with PBS or 10 nM carbachol, then stimulated with various agonists, and analyzed via
477 flow cytometry. (N=4 \pm S.D. *P < 0.05 for agonist vs. agonist + carbachol.) (G) Carbachol inhibits
478 platelet dense granule release. Platelets were isolated and treated with 10 nM carbachol, 100
479 μ M pyridostigmine bromide or 100 nM pancuronium bromide, and then stimulated with PBS or
480 TRAP and analyzed for surface expression of P-selectin. . (N=4 \pm S.D. *P < 0.05 for TRAP vs.
481 TRAP and indicated compound.) (H) Carbachol inhibits GPIIbIIIa activation as measured by
482 FITC-fibrinogen binding to platelets. Platelets were isolated and treated with 10 nM carbachol,
483 and then stimulated with the indicated concentrations of TRAP and analyzed for surface
484 expression of P-selectin. (N=4 \pm S.D. *P < 0.05 for TRAP vs. TRAP + carbachol.). (I) Treatment
485 with the nAChR α 7-selective agonist PNU-282987 inhibits P-selectin exposure. Platelets were
486 treated with PNU-282987 at the indicated concentrations, then stimulated with TRAP6 and
487 analyzed for surface expression of p-selectin. *P < 0.05 for TRAP6 + vehicle vs TRAP6 +
488 indicated concentration of PNU. (J) PNU inhibits GPIIbIIIa activation. Platelets were treated with
489 PNU-282987 at the indicated concentrations, then stimulated with TRAP6 and analyzed for

490 activation of GPIIb/IIIa as above. *P < 0.05 for TRAP6 + vehicle vs TRAP6 + indicated
491 concentration of PNU.

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493 Figure 2. Endogenous acetylcholine inhibits platelet activation. (A) Pyridostigmine
494 inhibition of AChE permits endogenous acetylcholine inhibition of activation of human platelets.
495 Isolated human platelets were treated with 100 uM pyridostigmine, or 100 uM pyridostigmine
496 and 100 uM ACh, stimulated with 10 uM TRAP and then analyzed for P-selectin using flow
497 cytometry. (N=4 ± S.D. *P < 0.05 for TRAP vs. TRAP + pyridostigmine/ACh.) (B) Pancuronium
498 antagonism of acetylcholine receptor blocks endogenous acetylcholine inhibition of human
499 platelets. Isolated human platelets were treated with pancuronium, and then stimulated with 10
500 uM TRAP and analyzed for P-selectin using flow cytometry. (N=4 ± S.D. *P < 0.05 for TRAP vs.
501 TRAP + pancuronium.) (C) Endogenous ACh inhibits GPIIb/IIIa conformational changes.
502 Platelets were isolated and treated with 10 nM carbachol, 100 uM pyridostigmine or 100 nM
503 pancuronium bromide and analyzed for FITC-fibrinogen binding to measure GPIIb/IIIa activation.
504 (N=4 ± S.D. *P < 0.05 for TRAP vs. TRAP + indicated compound.) (D) Donepezil inhibition of
505 AChE permits endogenous acetylcholine inhibition of activation of human platelets. Isolated
506 human platelets were treated with donepezil hydrochloride, then stimulated with 10 uM TRAP
507 and analyzed for P-selectin using flow cytometry. (N=4 ± S.D. *P < 0.05 for TRAP vs. TRAP +
508 donepezil.)

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510 Figure 3. Nitric oxide mediates Ach inhibition of platelet activation. (A) NOS mediates
511 carbachol inhibition of platelet activation. Isolated human platelets were treated with PBS,
512 carbachol, L-NAME or L-NAME + carbachol, stimulated with 10 uM TRAP, and then analyzed for
513 P-selectin using flow cytometry. (N = 4 ± S.D. *P < 0.05 for TRAP + carbachol vs. TRAP +
514 carbachol + L-NAME.) (B) NOS mediates carbachol induced production of cGMP. Isolated
515 human platelets were treated as above, and cGMP content was measured using a commercial

516 kit. (N = 4 ± S.D. *P < 0.05 for TRAP-6 + carbachol vs. TRAP + carbachol + L-NAME.) (C) L-
517 NAME reversal of carbachol mediated platelet inhibition is dose dependent. Platelets were
518 isolated as above and treated with 10 nM carbachol, 1 mM, 0.1 mM or 0.01 mM L-NAME and
519 then stimulated with TRAP and analyzed for surface expression of P-selectin. . (N = 4 ± S.D. *P
520 < 0.05 for TRAP + carbachol vs. TRAP + carbachol + indicated concentration of L-NAME.) (D)
521 Carbachol elevates intracellular calcium. Platelets or HEK293 cells were loaded with Fura-2 AM,
522 treated with carbachol and analyzed for calcium flux. (E) Calcium mediates the inhibitory effect
523 of carbachol. Isolated human platelets were treated with BAPTA, then carbachol and then
524 stimulated with TRAP and analyzed for surface expression of p-selectin. (N=4) *P < 0.05 for
525 carbachol + TRAP vs carbachol + TRAP + BAPTA). (F) Calmodulin activity is required for the
526 inhibitory effect of carbachol. Platelets were treated with TFP, then carbachol and then
527 stimulated with TRAP and analyzed for surface expression of p-selectin. *P < 0.05 for TRAP +
528 carbachol vs. TRAP + carbachol + TFP).
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531 **Figures:**

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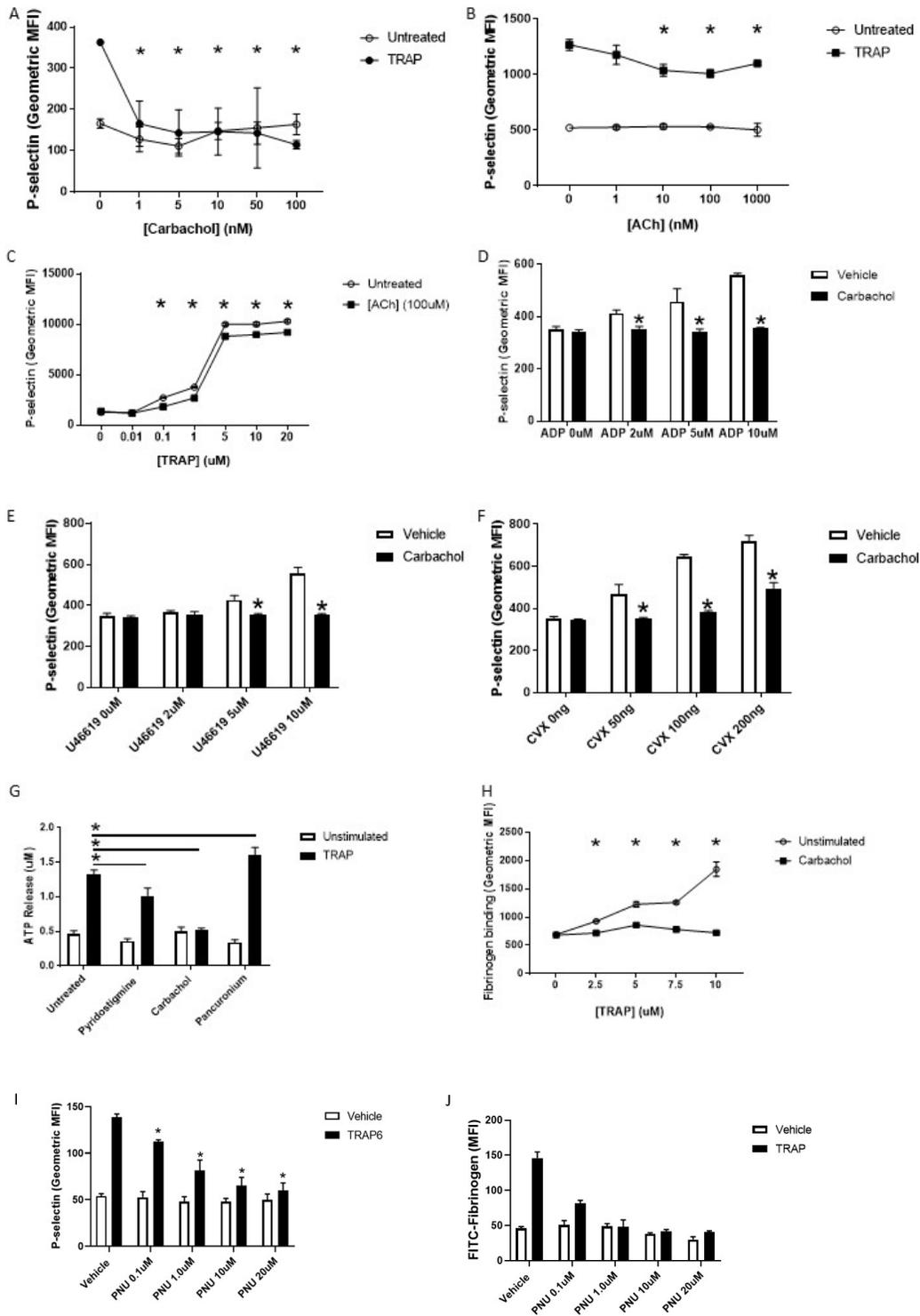
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557 **Figure 1.**

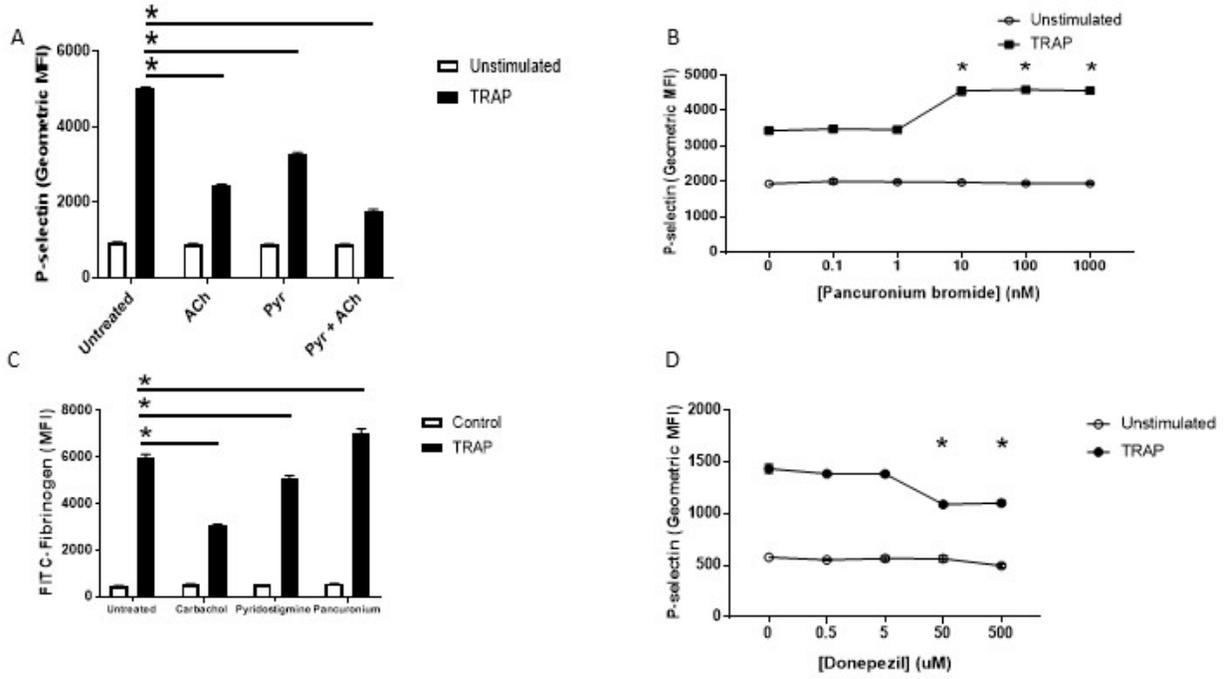


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561 **Figure 2.**



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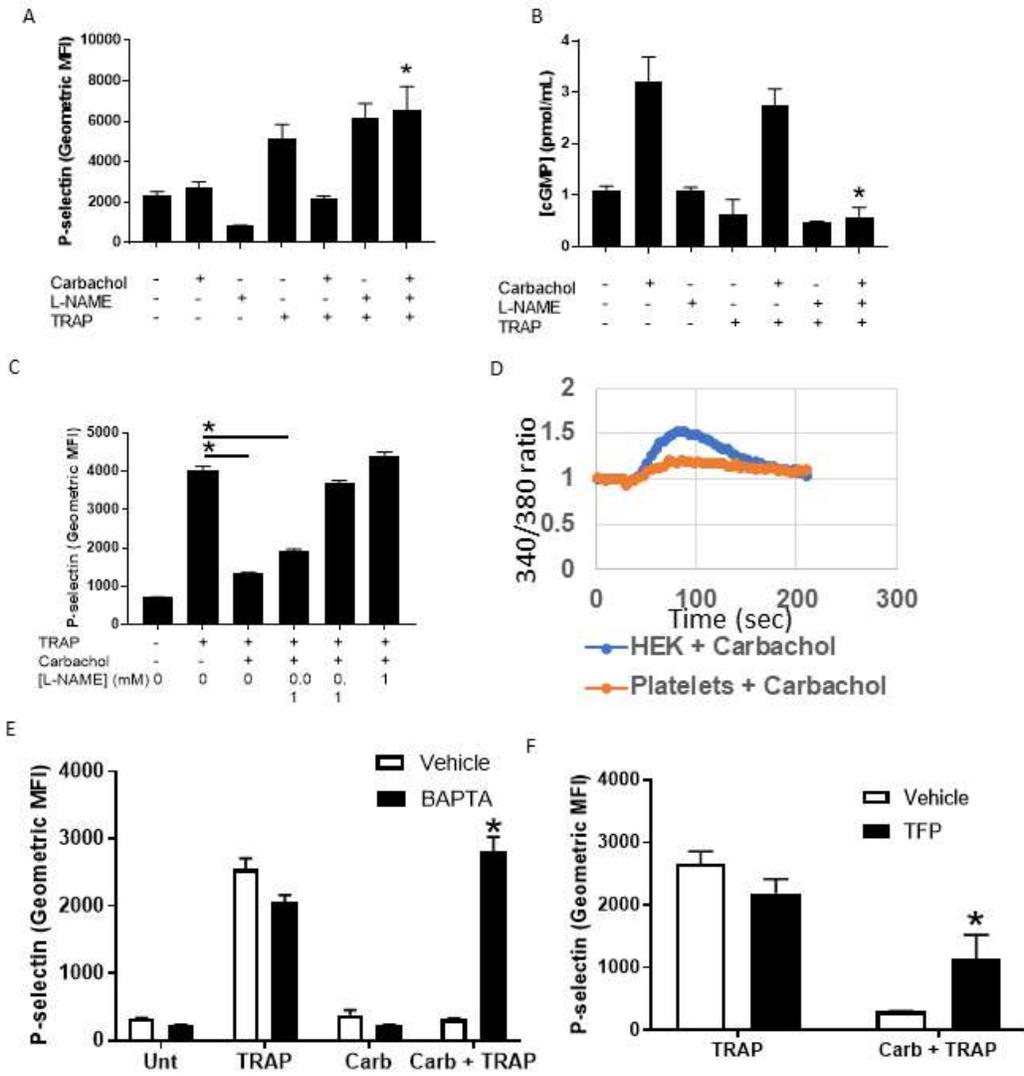
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576 **Figure 3.**



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