



# Transplantation of Cardiac Mesenchymal Stem Cell-Derived Exosomes for Angiogenesis

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## Abstract

We demonstrated the effects of exosomes secreted by cardiac mesenchymal stem cells (C-MSC-Exo) in protecting acute ischemic myocardium from reperfusion injury. To investigate the effect of exosomes from C-MSC on angiogenesis, we injected C-MSC-Exo or PBS intramuscularly into ischemic hind limb. Blood perfusion of limb was evaluated by laser Doppler Imaging. We observed that ischemic limb treated with C-MSC-Exo exhibits improved blood perfusion compared to ischemic limb treated with PBS at 2 weeks and 1 month after induction of limb ischemia. To explore the potential mechanisms underlying C-MSC-Exo's angiogenetic effect, we performed microRNA array analysis and identify mmu-miR-7116-5p as the most abundant enriched miRNA detected in C-MSC-Exo. Bioinformatics' analysis shows that miR-7116-5p negatively regulates protein polyubiquitination. In conclusion, our study demonstrated that intramuscular delivery of C-MSC-Exo after limb ischemia improves blood perfusion, and we identified the most abundant miRNAs that are preferentially enriched in C-MSC-Exo.

**Keywords** Cardiac mesenchymal stem cells · Exosomes · Hind limb ischemia · Angiogenesis · miR-7116-5p

## Introduction

Ischemic heart disease is the leading cause of death in the developed and developing countries [1]. An acute myocardial infarction can lead to rapid loss of billions of adult cardiomyocytes [2]; however, adult hearts have very limited capacity for regeneration [3]; therefore, replacement of dead cardiomyocytes with scar tissue leads to left ventricular remodeling and heart failure [4, 5]. While the revascularization treatments, such as percutaneous transluminal coronary angioplasty (PTCA) and coronary artery bypass grafting (CABG) surgery, can reopen occluded coronary arteries in patients with coronary artery disease [6], current research shows that these

treatments are inefficient in solving microvascular dysfunction (CMD) [7], so the risk myocardium is still in a microenvironment with insufficient blood supply, which triggers cell apoptosis [8]. The progressive apoptosis of cardiomyocytes exacerbates adverse left ventricular remodeling and ultimately promotes the progress of chronic heart failure [5].

Stem cells have the potential for promoting heart repair. Endothelial progenitor cells (EPCs) have been shown to protect ischemic myocardium via angiogenesis and vasculogenesis [9]. There are cardiac mesenchymal stem cells (C-MSCs) in the adult heart [10]. C-MSCs express different levels of GATA4 (early heart transcription factor) and mesenchymal stem cell markers, such as Sca-1, CD105, and CD44 on their cell surface, indicating that C-MSCs are population of cardiac specific mesenchymal stem cells [10–14]. MSCs are supporting cells in tissues and play a very important role in maintenance of tissue homeostasis [15]. Our previous studies showed that transplantation of bone marrow-derived MSCs promotes cardiac angiogenesis through paracrine effects [16, 17]. Since cultured stem cells are at risk of tumorigenesis for clinical application [18], we want to determine if the non-cellular, paracrine fraction of C-MSCs can be used for angiogenesis.

We have reported that C-MSC secretes exosomes that have paracrine effects to protect ischemic myocardium from

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apoptosis induced by acute myocardial ischemia/reperfusion [19]. Other group also reported that serum exosomes attenuate H<sub>2</sub>O<sub>2</sub>-induced apoptosis in cultured cardiomyocytes [20]. Exosomes are nano-sized cargoes with lipid layers protecting the integrity of microRNAs (miRNAs), which play a key role in cell-to-cell communication [21–24]. Exosome-derived miRNAs can also be used as biomarkers for diagnosis and therapy [25].

The purpose of this study was to determine whether the delivery of cardiac MSC-derived exosomes (C-MSC-Exo) can improve limb blood perfusion in ischemic hind limbs and identifies the most enriched, abundant miRNA in C-MSC-Exo. Our results show that intramuscular injection of C-MSC-Exo can improve blood perfusion in the hind limb, while miR-7116-5p are the most enriched, abundant miRNAs in C-MSC-Exo.

## Methods

### C-MSC Isolation and Culture

Mouse C-MSCs were isolated from 2 to 3-month-old mouse hearts (C57BL/6, the Jackson Laboratory, Bar Harbor, Maine) by a two-step procedure as previously described with modification [11, 12, 26]. Briefly, in step 1, ventricular heart tissues were minced into 1 mm<sup>3</sup> size and then digested with 0.1% collagenase IV and 1 U/mL Dispase in DMEM/F-12. The digested heart tissue was seeded into a 6-well plate coated with fibronectin/gelatin (0.5 mg fibronectin in 100 mL 0.1% gelatin). After 2 weeks, the migrated round, phase-bright cells migrated from adherent explants were collected and undergone hematopoietic cell depletion using the mouse hematopoietic lineage depletion cocktail kit (Stem Cell Technologies) by magnetic activated cell sorting (MACS) followed by cell enrichment with Sca-1 magnetic beads (Miltenyi Biotec Inc., Auburn, CA) according to the manufacturer's protocol. The sorted Sca-1 cells were cultured in complete medium (DMEM/F12 containing 10% fetal bovine serum (FBS), 200 mmol/L L-Glutamine, 55 nmol/L β-mercaptoethanol and 1% MEM non-essential amino acid).

### Flow Cytometry

The surface markers of cultured C-MSC are characterized by flow cytometry analyses with a BD LSR II flow cytometer and BD FACSDiva™ software as previously described [27]. Briefly, C-MSCs were blocked with 5% rat serum and stained with a panel of conjugated antibodies, including anti-CD105-APC (BioLegend), anti-CD140-PE (eBioscience), and anti-CD117-FITC (BD Biosciences Pharmingen).

## Histology

For cell staining, C-MSCs were plated on 8-well chamber slides (Millipore, Billerica, MA) and fixed with 4% paraformaldehyde. After blocking with 5% goat serum, cells were incubated with rabbit anti-GATA4 antibody (1:100; Aviva System Biology, San Diego, CA) or rabbit anti-Ki67 antibody (1:400; Cell Signaling Technology, Danvers, MA) at 4 °C overnight. Primary antibodies were resolved via secondary staining with goat anti-rabbit Alexa Fluor 555-conjugated (1:400, Life Technologies, Carlsbad, CA). Slides were mounted using VECTASHIELD HardSet Mounting Medium with DAPI (Vector Laboratories, Burlingame, CA).

### Purification of C-MSC-Exo

Exosomes/microvesicles secreted by C-MSCs were purified from conditioned media by polymer-based exosome precipitation protocol as we described previously [19, 28, 29]. Briefly, C-MSCs were cultured in culture medium containing 10% exosome-depleted FBS for 48 h, collected media was centrifuged at 1000 rpm for 10 min and then filtered through a 0.22 μm filters. C-MSC-Exo were precipitated with 5× polyethylene glycol 4000 (PEG 4000, 8.5% final concentration) and 10× NaCl (0.4 mol/L final concentration) overnight at 4 °C followed by centrifugation at 3000 rpm for 30 min. The pellets were resuspended with PBS and stored at –80 °C until use. The size of exosome particle was measured with nanoparticle tracking analysis (NTA) with ZetaView PMX 110 (Particle Metrix, Meerbusch, Germany) at 23 °C and corresponding software ZetaView 8.02.28 as we described previously [30]. The ZetaView system was calibrated using 100 nm polystyrene particles.

### Immuno-Electron Microscopy Imaging

Standard immunoelectron staining with anti-CD63 antibody was performed as previously described [12]. The fixed exosomal preparations were placed on a carbon Formvar-coated 200-mesh nickel grid and incubated for 30 min. The grid was then quenched with 1 M ammonium chloride for 30 min and blocked with 0.4% BSA in PBS for 2 h. The grid was washed with PBS and incubated with primary rabbit anti-CD63 (1:100 Santa Cruz Biotechnology, Inc., Santa Cruz, CA) for 1 h. The grid was then washed with ddH<sub>2</sub>O and PBS, and 1.4 nm anti-rabbit nanogold (1:1000, Nanoprobes, Inc.) was dropped in blocking buffer for 1 h. After enhancement with HQ Silver (gold enhancement reagent, Nanoprobes, Inc.), the samples were dried prior to observation in a transmission electron microscope (JEOL JEM 1230, Peabody, MA). TEM sample preparation and imaging were performed at the Electron Microscopy and Histology Core

Laboratory at Augusta University ([www.augusta.edu/mcg/cba/emhisto/](http://www.augusta.edu/mcg/cba/emhisto/)).

## Western Blotting Assay

Exosomes were lysed in RIPA buffer with Triton X-100 (Alfa Aesar, Ward Hill, MA). The proteins from C-MSC-Exo were resolved on 10% SDS gel and transferred to nitrocellulose membrane (LI-COR Biosciences, Lincoln, NE). The membranes were blocked with Odyssey blocking buffer (LICOR Biosciences, Lincoln, NE), exposed to rabbit anti-Tsg101 (1:1000, Thermo Scientific), and rabbit anti-CD63 (1:250, Santa Cruz Biotechnology, Inc.) overnight at 4 °C. Then membranes were incubated with IRDye 680 goat anti-rabbit IgG (LI-COR Biosciences) at 1:10,000 for 1 h at room temperature. Probed blots were scanned using Odyssey infrared imager.

## Murine Hind Limb Ischemia Model and Intramuscular C-MSC-Exo Delivery

Wide type C57BL/6 mice were anesthetized with intraperitoneal injection of 100 mg/kg ketamine and 10 mg/kg Xylazine. A ligation was made around the left femoral artery, and all arterial branches were removed. A small segment of the artery was then dissected free. Mice were randomly assigned to receive intramuscular injections of PBS or C-MSC-Exo after induction of ischemia. The ischemic hind limb was intramuscularly injected with a 30 µL PBS or 30 µL C-MSC-Exo (50 µg) at four different locations immediately after the surgery. Animals were treated according to the approved protocols and animal welfare regulations of the Institutional Animal Care and Use Committee of the Medical College of Georgia, Augusta University.

## Laser Doppler Perfusion Imaging

Mice were anesthetized with isoflurane (2%) and subjected to laser Doppler Perfusion imaging measurements before induction of hind limb ischemia (HLI) (baseline), 1 day, 2 weeks, and 1 month after HLI. At each time point, blood flow in ischemic and non-ischemic limbs was measured, and results were reported as a ratio of these two measurements.

## MicroRNA Microarray Assay

To identify the most enriched, abundant miRNAs in C-MSC-Exo, we extracted total RNAs from C-MSC and C-MSC-Exo using RNeasy® (Molecular Research Center, Cincinnati, OH). The RNA samples were subjected to microarray analysis using GeneChip miRNA 4.0 Array (Affymetrix, Santa Clara, CA, USA). The RNA labeling, microarray hybridization, washing, and scanning were performed based on the

manufacturer's standard protocols in Integrated Genomics Core in the Georgia Cancer Center, Augusta University.

## C-MSC-Exo Treatment and qRT-PCR of Muscle Tissue

To determine whether local delivery of C-MSC-Exo can increase level of miR-7116-5p in treated muscle, we intramuscularly injected 50 µg C-MSC-Exo into the left tibialis anterior (TA) muscle and used the right TA as non-treated control. The left TA and right TA muscles were dissected after 24 h. Total RNA was isolated by RNeasy RT (Molecular Research Center, Inc., Cincinnati, OH) following the manufacturer's instructions. cDNAs were synthesized from total RNA by using Mir-X™ miRNA First-Strand Synthesis kit (Clontech Laboratories, Inc.). The synthesized cDNA was used to perform quantitative PCR on CFX96 Touch Real-Time PCR Detection System (Bio-Rad) using PowerUp SYBR® Green Master Mix (ThermoFisher). Amplification was performed at 50 °C for 2 min, 95 °C for 2 min, followed by 51 cycles of 95 °C for 15 s, and 60 °C for 1 min with the following primers: miR-7116-5p Forward primers: 5' GCAGCGTGTGAAGA CATCAGGA 3'

Reverse primer (mRQ 3') and U6 Forward and Reverse Prime were provided in Mir-X™ miRNA First-Strand Synthesis kit.

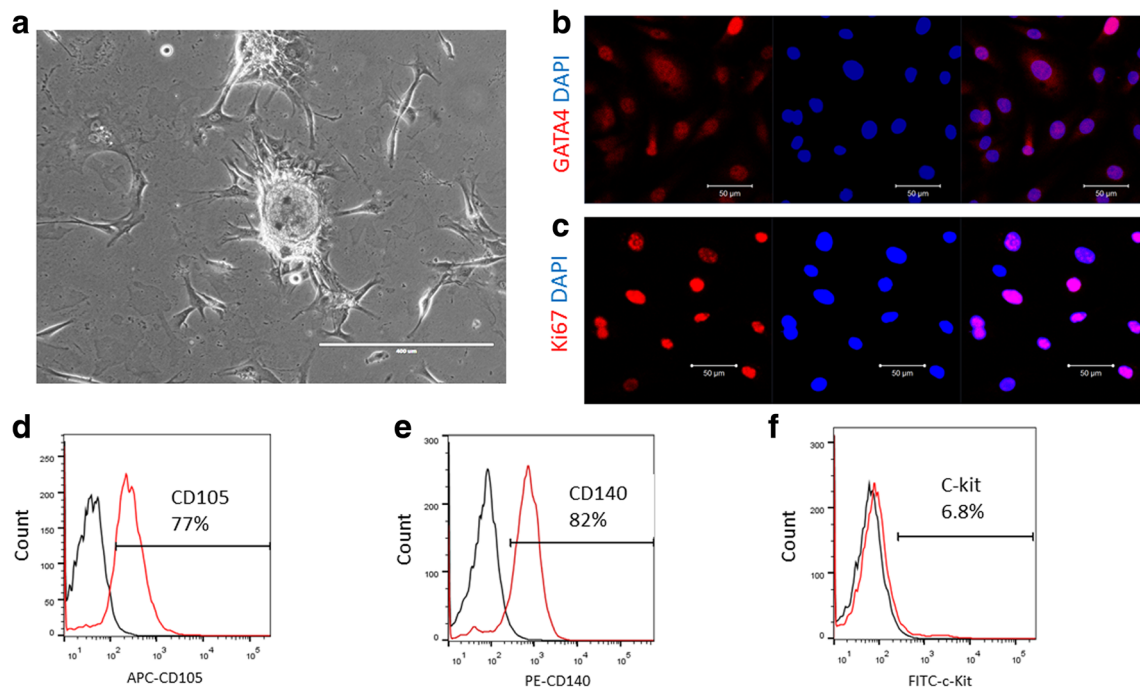
## Statistical Analysis

Results are presented as the mean ± standard error of the mean (SEM). Comparisons between two groups were made by two-tailed Student's *t* test. Differences were considered statistically significant at  $p < 0.05$ .

## Results

### Characterization of C-MSC

As mentioned previously, we isolated C-MSC from the adult mouse heart using a two-step protocol (Fig. 1a) [11, 12]. Immunofluorescent staining showed that C-MSCs express GATA4, a marker for early cardiac transcription factor (Fig. 1b), and Ki67, a cellular marker for proliferation (Fig. 1c). Flow cytometry showed that C-MSCs express high levels of mesenchymal stem cell markers CD105 (77%) and CD140 (82%) (Fig. 1d, e), and about 6.8% C-MSCs are c-Kit positive, a controversial cardiac stem cell marker (Fig. 1e). Taken together, these data indicate that C-MSCs represent a subpopulation of cardiac-derived mesenchymal stem cells.



**Fig. 1** Phenotypic characterization of C-MSC cells. **a** Phase contrast picture of cultured C-MSC. **b** Immunofluorescent staining of C-MSC cells for expression of the cardiac transcription factors GATA4 (red); cell nuclei were counterstained with DAPI (blue). **c** Immunofluorescent

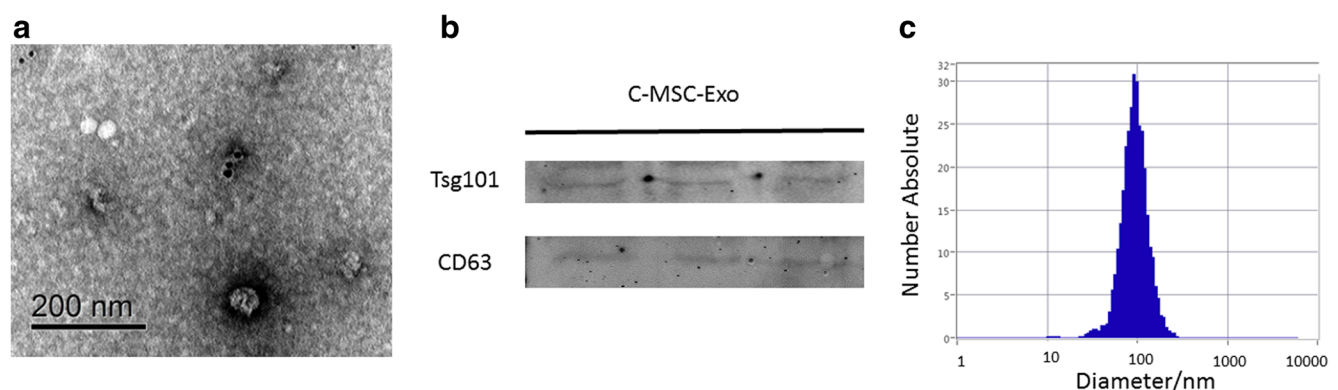
staining of C-MSC cells for expression of the proliferative marker Ki67 (red); cell nuclei were counterstained with DAPI (blue). **d–f** Flow cytometric analyses of C-MSC cells for expression of CD105, CD140, and C-Kit

### Characterization of C-MSC-Derived Exosomes

Morphological analysis of C-MSC-Exo using electron microscopy demonstrated the typical appearance of microvesicles positive for exosomal marker CD63 (Fig. 2a). Western blot analysis confirmed the presence of exosome markers, including TSG101 and CD63 (Fig. 2b). ZetaView®, a nanoparticle tracking analyzer that uses Brownian motion, was employed to measure the size of the microvesicles. The particles exhibited an average diameter around 100 nm, consistent with the characteristic size range of exosomes (Fig. 2c).

### Effect of C-MSC-Exo on Blood Perfusion of Hind Limb by Laser Doppler Imaging

We developed ischemia in the mouse hind limb by ligating the femoral artery. After intramuscular injection of C-MSC-Exo or PBS, we observed that C-MSC-Exo treatment restored approximately 85% of perfusion relative to non-ischemic limbs after 1 month (Fig. 3a–c) while PBS-treated control has about 72% perfusion restoration relative to the non-ischemic limb, indicating C-MSC-Exo treatment can improve blood perfusion in limb ischemia.

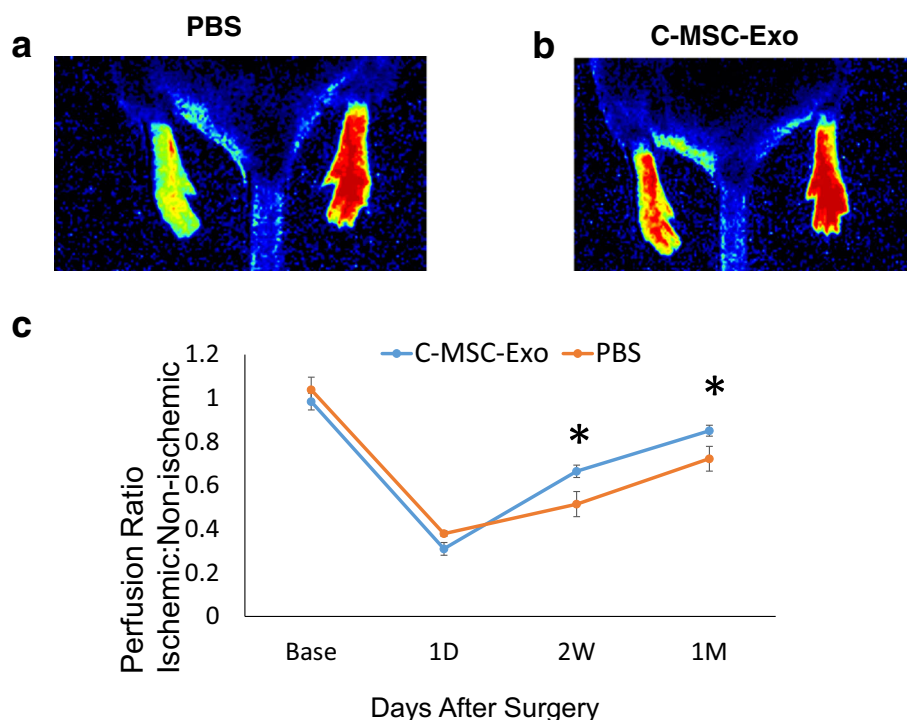


**Fig. 2** Characterization of C-MSC-derived exosomes. **a** Transmission electron micrograph image of C-MSC-derived exosomes after immunoelectron labeling with anti-CD63 antibody. Scale bar = 200 nm. **b** Western blot results demonstrate the expression of Tsg101, and CD63

in exosomes derived from C-MSC. **c** Particle size distribution in purified pellets consistent with size range of exosomes (average size around 100 nm), measured by ZetaView® particle tracking analyzer



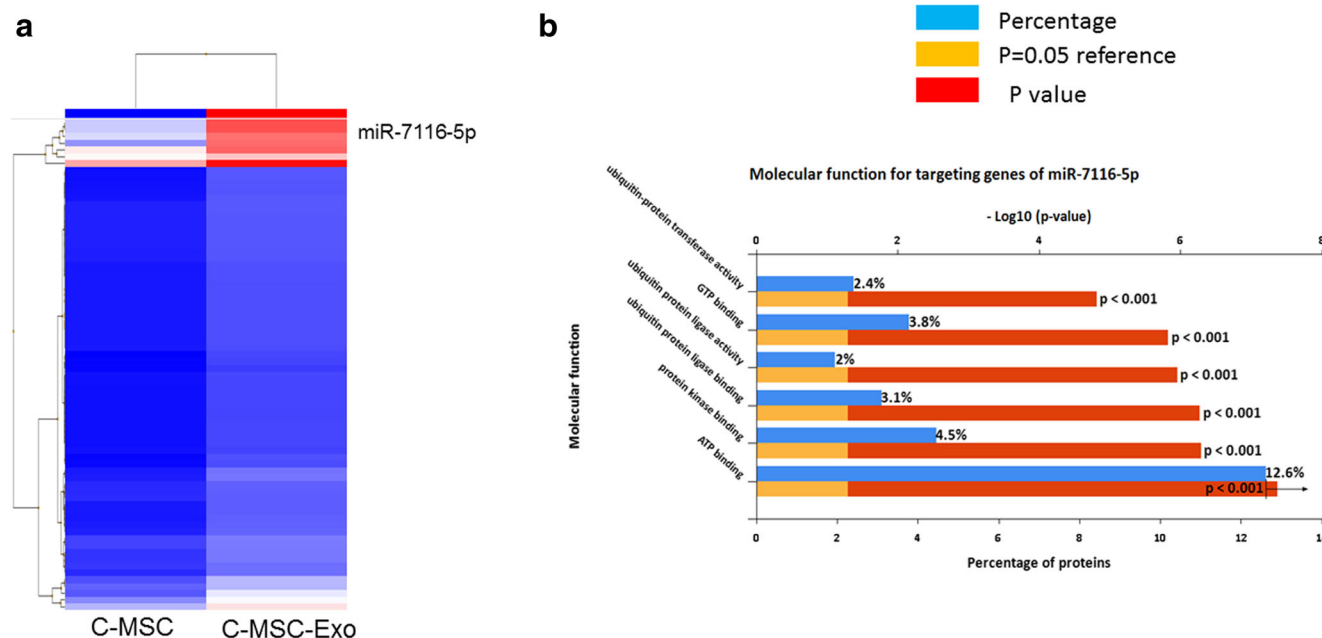
**Fig. 3** Laser Doppler Perfusion imaging measurements before induction of hind limb ischemia (HLI) (baseline), 1 day, 2 weeks, and 1 month after HLI. **a, b** Representative Laser Doppler images of mice treated with PBS or C-MSC-Exo at 1 month post HLI. **c** Time course of perfusion ratio (Ischemic: non-ischemic paw) at baseline, 1 day, 2 weeks, and 1 month after PBS and C-MSC-Exo treatment in mice (\*  $P < 0.05$ ,  $n = 5$  for PBS group,  $n = 7$  for C-MSC-Exo group)



### Identification of the Most Enriched, Abundant miRNAs from C-MSC-Exo

Exosomal miRNAs play an important role in stimulating angiogenesis [31]; to identify the microRNA profile of the C-MSC-Exo, we analyzed microRNA expression

profiles of C-MSC-Exo and C-MSC by microarray-based miRNA profiling. There were 72 miRNAs enriched in C-MSC-Exo compared with C-MSC (Fold change  $\geq 2$ , Fig. 4a, Table 1), among them, miR-7116 is the most enriched, high-abundance miRNA with 32-fold enrichment in C-MSC-Exo.



**Fig. 4** The enriched microRNAs in C-MSC-Exo comparing with C-MSC. **a** Enriched miRNAs in C-MSC were identified by differential expression analysis of miRNAs in C-MSC-Exo versus C-MSC when setting the Fold change  $\geq 2$ , and miR-7116-5p is the most enriched,

abundant miRNA in C-MSC-Exo. **b** FunRich functional enrichment analysis of predicted, targeted genes of miR-7116-5p. MiR-7116-5p is supposed to participate in the regulation of protein ubiquitination

**Table 1** Summary of enriched miRNAs (Fold change > 2) in C-MS-C-Exo compared with C-MS-C by microRNA array

miRNAs	C-MS-C Avg (log2)	C-MS-C-Exo Avg (log2)	Fold change	Accession
mmu-miR-7116-5p	2.86	7.87	32.28	MIMAT0028129
mmu-mir-465c-1	3.94	8.45	22.65	MI0005500
mmu-mir-465c-2	3.94	8.45	22.65	MI0005501
mmu-miR-7025-5p	4.23	7.8	11.82	MIMAT0027954
mmu-miR-5128	6.68	9.71	8.12	MIMAT0020639
mmu-miR-195a-3p	1.64	4.52	7.35	MIMAT0017000
mmu-miR-6968-5p	5.37	8.05	6.42	MIMAT0027838
mmu-miR-7001-5p	2.63	4.87	4.74	MIMAT0027904
mmu-miR-7030-5p	1.48	3.56	4.21	MIMAT0027964
mmu-miR-1931	3.51	5.57	4.15	MIMAT0009394
mmu-miR-126b-5p	0.42	2.18	3.37	MIMAT0029894
mmu-miR-16-1-3p	0.48	2.23	3.37	MIMAT0004625
mmu-miR-6347	1.85	3.53	3.22	MIMAT0025090
mmu-miR-6379	0.04	1.5	2.75	MIMAT0025125
mmu-miR-871-5p	0.18	1.64	2.75	MIMAT0004841
mmu-mir-541	0.35	1.81	2.73	MI0003521
mmu-miR-340-3p	0.2	1.65	2.73	MIMAT0000586
mmu-mir-452	0.45	1.83	2.61	MI0001734
mmu-miR-599	-0.09	1.3	2.61	MIMAT0012772
mmu-mir-2137	0.92	2.29	2.58	MI0010750
mmu-mir-497	0.92	2.29	2.58	MI0004636
mmu-miR-185-3p	0.4	1.76	2.57	MIMAT0016996
mmu-miR-433-5p	0.4	1.76	2.57	MIMAT0001419
mmu-miR-3106-3p	0.3	1.66	2.57	MIMAT0014818
mmu-mir-297b	0.54	1.9	2.57	MI0004674
mmu-mir-1943	0.24	1.6	2.57	MI0009932
mmu-miR-466 m-3p	0.73	2.09	2.57	MIMAT0014883
mmu-mir-3086	0.26	1.58	2.5	MI0014049
mmu-miR-370-5p	0.08	1.4	2.5	MIMAT0017174
mmu-miR-411-5p	0.02	1.27	2.37	MIMAT0004747
mmu-mir-7032	1.24	2.36	2.18	MI0022881
mmu-miR-686	0.19	1.31	2.18	MIMAT0003464
mmu-miR-5103	0.19	1.31	2.18	MIMAT0020610
mmu-mir-7655	0.19	1.31	2.18	MI0024995
mmu-miR-878-3p	0.36	1.49	2.18	MIMAT0004933
mmu-mir-6394	0.35	1.48	2.18	MI0021928
mmu-mir-6948	0.36	1.49	2.18	MI0022795
mmu-mir-7084	0.49	1.62	2.18	MI0022934
mmu-mir-30d	0.54	1.67	2.18	MI0000549
mmu-mir-3966	0.17	1.3	2.18	MI0016975
mmu-mir-412	0.02	1.12	2.14	MI0001164
mmu-mir-5112	1.22	2.31	2.14	MI0018021
mmu-miR-7050-3p	0.36	1.46	2.14	MIMAT0028005
mmu-miR-3062-3p	1.01	2.1	2.14	MIMAT0014831
mmu-miR-18b-3p	0.72	1.82	2.14	MIMAT0017270
mmu-miR-6950-3p	0.37	1.47	2.14	MIMAT0027801
mmu-mir-150	0.53	1.63	2.14	MI0000172
mmu-mir-433	0.53	1.63	2.14	MI0001525
mmu-mir-1948	0.53	1.63	2.14	MI0009939

**Table 1** (continued)

miRNAs	C-MSC Avg (log2)	C-MSC-Exo Avg (log2)	Fold change	Accession
mmu-miR-3099-5p	0.19	1.28	2.14	MIMAT0014815
mmu-miR-3110-5p	0.56	1.65	2.14	MIMAT0014951
mmu-miR-6365	0.37	1.47	2.14	MIMAT0025109
mmu-miR-7688-3p	0.37	1.47	2.14	MIMAT0029907
mmu-mir-384	0.37	1.47	2.14	MI0001146
mmu-mir-544	0.19	1.28	2.14	MI0005555
mmu-mir-466k	0.19	1.28	2.14	MI0006292
mmu-miR-551b-5p	0.23	1.31	2.11	MIMAT0017236
mmu-miR-5620-3p	0.38	1.46	2.11	MIMAT0022368
mmu-miR-6993-3p	0.38	1.46	2.11	MIMAT0027889
mmu-miR-7008-5p	0.38	1.46	2.11	MIMAT0027920
mmu-mir-208b	0.38	1.46	2.11	MI0005552
mmu-mir-6349	0.73	1.81	2.11	MI0021877
mmu-miR-741-3p	0.54	1.62	2.11	MIMAT0004236
mmu-miR-190b-3p	0.2	1.27	2.11	MIMAT0017267
mmu-miR-7012-3p	0.54	1.62	2.11	MIMAT0027929
mmu-miR-7236-5p	0.2	1.27	2.11	MIMAT0028440
mmu-miR-18b-5p	0.52	1.59	2.11	MIMAT0004858
mmu-miR-3075-5p	0.21	1.29	2.11	MIMAT0014858
mmu-miR-3547-5p	5.09	6.16	2.09	MIMAT0027832
mmu-miR-1928	0.42	1.42	2	MIMAT0009391
mmu-mir-1947	0.25	1.25	2	MI0009937
mmu-mir-7010	0.77	1.77	2	MI0022859

To predict the potential molecular function of miR-7116-5p, we use TargetScan, a popular bioinformatics tool to analyze 5795 predicted gene targets of miR-7116-5p, and then use Funrich software for molecular function enrichment analysis [32]. Figure 4b shows the percentage of genes predicted to be involved in molecular function of miR-7116-5p, including the regulation of protein polyubiquitination, GTP binding, and ATP binding. This result suggests that miR-7116-5p may play an important role in C-MSC-Exo-mediated paracrine effect via inhibiting protein polyubiquitination.

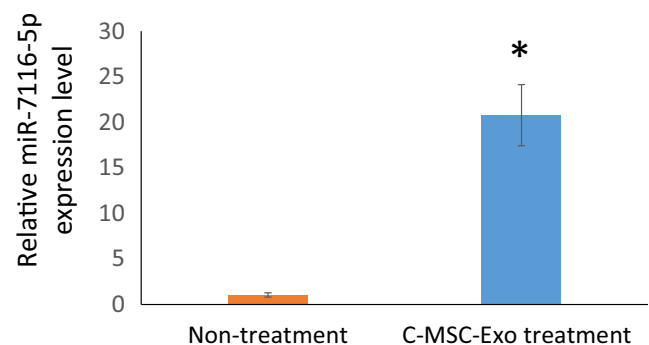
### Local Delivery of C-MSC-Exo Transfers miR-7116-5p in the Muscle of Mice

To determine whether miR-7116-5p can be transferred into the muscle tissue by local C-MSC-Exo delivery, we intramuscularly injected 50  $\mu$ g C-MSC-Exo into the left TA muscle and used the right TA muscle as non-treated control. To allow time for miRNA transfer, we harvested muscle 1 day after injection, we found that the level of miR-7116-5p increased about 20-fold by local C-MSC-Exo delivery in treated muscles compared with non-treated control muscle by qRT-PCR assay,

suggesting that miR-7116-5p can be transferred into muscle by C-MSC-Exo (Fig. 5).

## Discussion

In this study, we found that intramuscular injection of C-MSC-Exo into ischemic limb improves blood perfusion in



**Fig. 5** Relative miR-7116-5p levels in non-treated or C-MSC-Exo treated TA muscles as quantified by qRT-PCR (\*  $P < 0.05$ ,  $n = 3$ )

ischemic limbs. Using microRNA array, we identified the most enriched, abundant miRNAs in C-MSC-Exo, which have not been reported yet.

MiRNAs from C-MSC-Exo are among the most important molecular factors controlling beneficial paracrine effect of C-MSC. Therefore, we evaluated the miRNA expression profile in C-MSC and C-MSC-Exo through miRNA microArray. Our results showed that miR-7116-5p is the most enriched, abundant miRNA in C-MSC-Exo compared to C-MSC. A report has shown that inhibition of miR-7116-5p level in microglia enhances TNF- $\alpha$  production and inflammation, which lead to neuron damage [33]; however, there is no report about the function of miR-7116-5p in cardiovascular and muscle systems. Bioinformatics pathway analysis shows that miR-7116-5p negatively regulates protein polyubiquitination. Certainly, we need to verify the exact targets of the miRNAs and define the pathways in future studies in order to better understand the role miR-7116-5p in functional benefit of C-MSC-Exo in ischemic muscle.

Exosome-mediated local and distal cell-to-cell communication and stem cell-derived exosomes have the potential for treating cardiovascular diseases [34]. Exosomes can carry miRNAs to modify the molecular signals of recipient cells. Therefore, miRNAs play a key role for exosome-mediated communication [11, 35]. Sorting miRNAs into exosomes is cell-specific and related to cytopathophysiology. Exosomes have a unique mechanism for enriching miRNAs; Pigati L et al. [36] found the existence of a cellular selection mechanism determining the difference of extracellular and cellular miRNA profile. Chen L. et al. [19] also found that CPC-Exo have high-level expression of GATA4-reactive miR-451, but not miR-144; the asymmetric distribution of miR-451 is also reported by other studies in normal and malignant cells and their derived exosomes [36]. The mechanisms by which miRNAs were loaded from their derived cells into exosomes remain elusive. Villarroya-Beltri C et al. [37] show that the SUMOylated form of heterogeneous nuclear ribonucleoprotein A2B1 (hnRNP A2B1) specifically binds to exosomal miRNAs by recognizing these motifs and controls their loading into exosomes. Recently, Santangelo L et al. [38] demonstrated that the SUMOylated RNA binding protein SYNCRIP, which binds to GGCU seed sequence of specific miRNAs, was involved in hepatocyte exosomal miRNA sorting. Liu X et al. [39] also reported the phenomenon of the selective packing of miRNA cargo into exosomes under hypertensive status. In this study, we analyzed the miRNA transcriptome of C-MSC and their secreted exosomes and identified selectively enriched miRNAs in mouse C-MSC-Exo, such as miR-7116-5p; the function of miR-7116-5p has not been evaluated in the cardiovascular system yet.

In summary, we have shown that C-MSC-derived exosomes have the potential to act as therapeutic agents

for angiogenesis. Our study supports that MSC-derived exosomes improve blood perfusion in ischemic hind limb, and miR-7116-5p is the most enriched, high-abundance miRNAs inside of C-MSC-Exo, which might play a critical role in regulating protein ubiquitination. The roles and mechanism of miR-7116-5p in cell protection deserve further study.

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## Compliance with Ethical Standards

**Conflict of Interest** The authors declare that they have no conflict of interest.

**Ethical Approval** Animals were treated according to the approved protocols and animal welfare regulations of the Institutional Animal Care and Use Committee of the Medical College of Georgia, Augusta University. This article does not contain any studies with human participants performed by any of the authors.

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